

## How to Picot or sew a Rolled Hem

**In this lesson we learn how to finish the fabric edge with a Rolled Hem or what we commonly know as Picot.**



To start with you will need a long piece of fine fabric or Dupatta, like georgette and silk and the picot or rolled hemming foot that is available with the sewing machine accessory kit.

Lets look at how to attach the picot foot

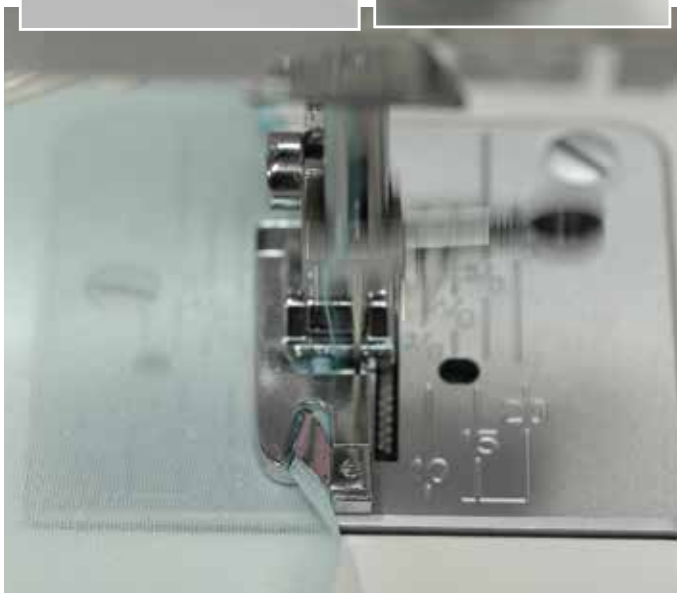
Move the needle to the topmost position by turning the balance wheel towards you. Press the foot clamp to drop foot A. Now align the picot foot and lower the foot lifter to attach it.

Set the stitch pattern selector dial to C. Set the stitch length selector to 2. With this setting you can have a fine quality rolled hem.

Now take a piece of fabric with the wrong side up. Align the corner under the pressure foot. Start the machine and sew forward few stitches.

Then lift up the pressure foot and pull bobbin and needle threads out. Cut the thread leaving a longer tail to hold it during hemming.

Now put the thread back under the Picot foot. And draw the fabric through the rolled part of the foot. Once you have done this press the lever and bring the foot down on the fabric.





Pass the extra thread gently under the pressure foot and carefully curl the stitched fabric and pull it with the thread tail. Slowly run the machine so that fabric enters the Picot foot and starts curling.

Gradually accelerate the machine to sew the rolled hem. To have even finish guide the fabric gently so that fabric slips through the fingers as the machine pulls it.

When you reach the end of one side lift up the foot and cut the thread leaving a little extra so that you can pull the other side of

the fabric through the picot foot.

Repeat the same steps with other sides of fabric and trim off excess threads.

Practice this method on different materials to get your hand set. This will allow you to give your future creations a neat and clean finish.

